

UNDERGRADUATE STUDENT Reference Group Executive Summary

Fall 2017

H. Mental Health

Students reported experiencing the following within the last 12 months:

Felt things were hopeless

	Percent (%)	Male	Female	Total
No, never	39.5	25.3	29.6	
No, not last 12 months	17.0	17.7	17.3	
Yes, last 2 weeks	18.1	24.3	22.8	
Yes, last 30 days	8.2	11.3	10.3	
Yes, in last 12 months	17.2	21.4	20.0	
Any time within the last 12 months	43.5	57.0	53.1	

Felt so depressed that it was difficult to function

	Percent (%)	Male	Female	Total
No, never	50.2	36.4	40.4	
No, not last 12 months	18.2	20.3	19.5	
Yes, last 2 weeks	12.3	16.9	15.9	
Yes, last 30 days	5.7	8.6	7.7	
Yes, in last 12 months	13.6	17.8	16.4	
Any time within the last 12 months	31.6	43.3	40.1	

Intentionally cut, burned, bruised, or otherwise injured yourself

	Percent (%)	Male	Female	Total
No, never	86.0	74.3	77.3	
No, not last 12 months	8.8	16.5	14.3	
Yes, last 2 weeks	1.4	2.3	2.2	
Yes, last 30 days	0.8	1.6	1.4	
Yes, in last 12 months	3.0	5.4	4.8	
Any time within the last 12 months	5.2	9.2	8.4	

Within the last 12 months, how would you rate the overall level of stress experienced:

	Percent (%)	Male	Female	Total
No stress	3.8	0.8	1.8	
Less than average stress	12.0	4.2	6.7	
Average stress	38.5	33.5	34.9	
More than average stress	37.1	47.7	44.3	
Tremendous stress	8.5	13.8	12.3	

Seriously considered suicide

	Percent (%)	Male	Female	Total
No, never	75.9	70.2	71.2	
No, not last 12 months	13.1	16.7	15.9	
Yes, last 2 weeks	2.7	2.7	3.0	
Yes, last 30 days	1.8	2.2	2.1	
Yes, in last 12 months	6.4	8.1	7.8	
Any time within the last 12 months	10.9	13.1	12.9	

Attempted suicide

	Percent (%)	Male	Female	Total
No, never	91.2	87.8	88.3	
No, not last 12 months	7.0	10.2	9.6	
Yes, last 2 weeks	0.4	0.2	0.3	
Yes, last 30 days	0.2	0.2	0.2	
Yes, in last 12 months	1.1	1.6	1.5	
Any time within the last 12 months	1.7	2.0	2.1	